The Monroe Institute®

2019 Program Schedule

Residential Programs

***Animal & Interspecies Communication**
June 1 – 7
September 28 – October 4

***+Conscious Presence**
February 16 - 22

+Discovery
February 9 – 15
August 10 - 16

***EnergyBody**
April 13 - 19
October 12 - 18

***Energy Medicine**
March 23-29
August 24 - 30

***+Event Horizon**
March 23 - 29

Exploration 27
March 30 – April 5
August 10 – 16
December 14 - 20

Outreach Training Program
August 17 - 23

***Gateway Voyage®**
January 12 - 18
February 2 - 8
March 9 - 15
April 13 - 19
May 4 - 10
June 8 - 14
July 6 - 12
August 3 - 9
September 7 - 13
October 5 - 11
November 2 - 8
December 7 – 13
December 6-12 - Arizona

Guidelines
March 16 - 22
July 13 - 19
December 7 - 13

Heartline
March 2 - 8
September 28 – October 4

***Law of Attraction**
July 13 - 19

Lifeline
January 19 – 25
June 1 - 7
October 26 – November 1

***+Lucid Dreaming**
June 8 – 14
October 5 - 11

MC²
March 30 – April 5
October 12 - 18

***Medical Intuition and Symbolic Healing**
November 9 - 15

***My Big TOE Intensive**
June 15 – 20
November 16 - 21

***Near Death Experience**
April 6 - 12
September 7 - 13

***New Year Program**
December 28 - January 2

***Out-of-Body Exploration**
April 6 – 12
September 14 – 20
November 9 – 15

***Remote Viewing**
March 16-22
Sept 21-27

Remote Viewing II
May 11 – 17
December 14 – 20

+Sound Medicine (4 days)
November 4 - 7

Starlines I
April 27 – May 3
October 19 - 25

Starlines II
July 20 - 26

Starlines Reunion
October 4 – 10 in Scottsdale, AZ

***+Superconscious Mind**
April 27 – May 3
October 19 - 25

Timeline
May 4 - 10

WEEKEND WORKSHOPS

***Dowsing**
No program scheduled for 2019.

***Effortless Meditation: Releasing Into Divine Joy**
September 20 - 23

***Kortum Technique**
July 19 – 21
October 18 - 20

***Serving Spirit I**
March 8 – 10
June 21 – 23

Serving Spirit II
November 1 – 3

***MINI ONE-DAY PROGRAMS**
January 26
May 11
August 3
November 23

****no prerequisite***
+SAM Technology

Call 434.361.1500 or Toll Free (U.S. and Canada) 1.866.881.3440 for rates, program availability and to register.
NOTE: Program dates and locations are subject to change. May 11, 2021

Animal & Interspecies Communication
Guest trainer Nancy Windheart guides participants in rediscovering their natural ability to connect intuitively and telepathically with animals and all life. Includes basic tools, practices, and exercises to awaken and rediscover this ability..

Conscious Presence
The program takes you on an educational and experiential journey of the latest understandings of consciousness and it's non-local relationships with time and space through quantum entanglement. *No prerequisite.*

Discovery
Join TMI trainers, our research team, and Mind Mirror experts for a week of consciousness studies to include scientific validation of expanded states of awareness. P*rerequisite:* Event Horizon, Conscious Presence, Accessing Inner Guidance, or Gateway Voyage®

EnergyBody
Using focused intention, energy control exercises, the loving heart and Hemi-Sync®, we explore methods to support energy body awareness. *No prerequisite.*

Energy Medicine
Provides participants with the ability to earn their Reiki I, II and Master's certification, up to 40 CEUs. Introduction to animal Reiki and crystal energy. *No prerequisite.*

Event Horizon
Recognize your stories that create the illusion of limitation and learn how to change those stories to ones of a positive personal perspective to enable you to create your destiny. *No prerequisite.*

Exploration 27
Provides intensive investigation into uncharted, nonphysical territories; a week of pioneering, cutting-edge explorations. *Prerequisite: Guidelines or Lifeline.*

Gateway Voyage®
Internationally renowned program utilizing Hemi-Sync® technology designed to provide you with tools that enable self-discovery, the development and exploration of human consciousness, and expansion of awareness. Our basic program. *No prerequisite.*

Guidelines
Facilitates communication with greater parts of your awareness and inner guidance, offering a different overview. *Prerequisite: Gateway Voyage.*

Heartline
Facilitates exploring your internal landscapes to promote self-love, trust and acceptance, greater balance and harmony. *Prerequisite: Gateway Voyage.*

Law of Attraction
Empower yourself to consciously create the life you desire by learning the key concepts of the universal Law of Attraction as well as simple, yet powerful tools and techniques. *No prerequisite.*

Lifeline
Learn to contact those who have made the transition from physical reality and who need assistance in moving forward.
Prerequisite: Gateway Voyage.

Lucid Dreaming
Explore techniques using Hemi-Sync® and SAM technology for attaining lucidity. Find practical application as a tool for self-awareness, problem solving and creative management of life and energy problems. *No prerequisite.*

MC2 (Manifestation and Creation Squared)
Use principles of psychokinesis (PK) and energy healing to influence time-space events through non-physical (energetic) means.
Prerequisite: Gateway Voyage.

Medical Intuition and Symbolic Healing *No prerequisite.*
Medical Intuition can provide valuable tools to find the underlying causes of a physical or emotional condition. This retreat will teach you how to intuitively gather information about any sicknesses and show you how to act as an effective catalyst in assisting them to heal.

Near Death Experience
Explore nonphysical realities encountered by near-death experiencers. Have the opportunity to move through the tunnel, meet guides, reunite with dead relatives, experience a life review and tour crystal cities. *No prerequisite.*

New Year Program Review the past year on physical, emotional and spiritual levels; celebrate; and then pattern for the coming year to be the best year yet. *No prerequisite.*

Out-of-Body Exploration
Preparation, mindset and methods required to initiate OOB experiences. Experience methods used by well-known author William Buhlman. *No prerequisite.*

Peak Week
Designed for both experienced explorers and those relatively new to Hemi-Sync and TMI offerings, Peak Week guides participants into an extended, profound experience by enjoying what are often considered the peak, most favorite exercises from five core Monroe programs: Gateway Voyage, Guidelines, Lifeline, Heartline and MC². *Prerequisite: Gateway Voyage*

Remote Viewing I and II
The value of remote viewing lies in the objective nature of the process itself; allowing immediate confirmation of information received from higher self, guides or Universal consciousness.
No prerequisite for RV I.

Sound Medicine (4 days)
Learn how to combine Hemi-Sync and SAM with traditional and alternative medical care to improve health, vitality and quality of life for yourself and others when you attend Sound Medicine, a weekend course being offered at The Monroe Institute (TMI).

Starlines
Explore the mystery and majesty of energy in the Milky Way and beyond, awareness and perception in Focus 34/35, 42 and 49.
Prerequisite: Exploration 27.

Starlines II
A blend of physics and metaphysics, with opportunities to explore various forms of dimensional shifting in Focus 49 and beyond.
Prerequisite: Starlines I

Starlines Reunion
Review our histories and connections in various star systems, galaxies, and dimensions. Discover and reclaim more aspects of our I-There and I-There Cluster. Prerequisites: Starlines I and II

Superconscious Mind
Join guest trainer Judith Pennington for a week of consciousness exploration! Gradually expand your consciousness using SAM meditation exercises that support the production of specific brainwave patterns within the three highest states of consciousness mapped on the Mind Mirror EEG: the Awakened Mind, Evolved Mind, and the Superconscious Mind.

Timeline
Explore the learning adventures of other selves in other times to gain new perspectives on your unique possibilities now and into the future.
Prerequisite: Gateway Voyage or Gateway Excursion with permission.

WEEKEND WORKSHOPS

Effortless Meditation *No prerequisite.*
Discover how something as simple as surrendering all resistance in meditation can open us to the peace and joy that lie within.

Kortum Technique *No prerequisite*
Discover for yourself how our universal language of health becomes visible to the naked eye in a state of sensory coherence. Explore your perceptual abilities with the clinical foundation of Indicator Topography, Kinesthetic Simulation, and Sensory Aspect Ratio that enable the visual assessment process.

Serving Spirit *No prerequisite.*
The class offers a balance between the theory of spirit communication and actual practice of making contacts "across the veil" with an emphasis on receiving verifiable evidence as well as messages. Students will have the opportunity to immediately apply what they learn in multiple practice sessions. *No prerequisite.*

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